



27 - 29 OCTOBER 2017  
CONI OLYMPIC TRAINING CENTRE  
FORMIA • ITALY

LORRAINE LAFRENIÈRE



Coaching Association of Canada CEO

DANNY KERRY



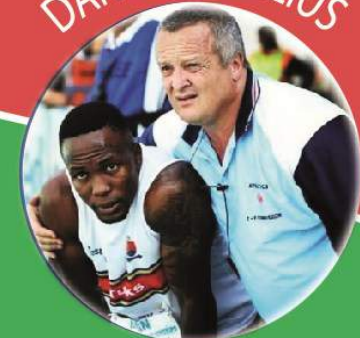
Coach to Olympic Gold Medal Team  
GB Women's Hockey

MARTIN BINGISSER



Athletic Development & Conditioning

DANIE CORNELIUS



Coach to Luvo Manyonga  
Olympic Long Jump Silver Medallist

2017 THEME: "REHAB • REBUILD • RETURN"

PRACTICAL WORKSHOPS: SPRINTS / HURDLES • JUMPS • THROWS • ENDURANCE • TEAM SPORTS

## Friday 27 October

14.00	Terrazza <b>REGISTRATION</b>	
15.30	Aula Magna <b>OFFICIAL OPENING</b>	
16.00-17.00	Aula Magna <b>Keynote 1</b>	<b>“20:20 Coaching Vision”</b> <b>Lorraine LAFRENIÈRE</b>
17.00-18.00	Aula Magna <b>Keynote 2</b>	“Giving Ownership means accepting responsibility, not giving it away” <b>Danny KERRY</b>
18.00-18.30	Terrazza <b>Coffee Break</b>	
18.30-19.30	Aula Magna <b>Keynote 3</b>	“Endurance In Crisis” <b>Gunter LANGE</b>

Women in Coaching  
18.00-18.30  
Introductions



# Saturday 28 October

“Rehab; Rebuild; Return”

09.00 – 10.00	Aula Magna Keynote 4		“Our Purpose is Functional Fitness” Martin BINGISSER		
10.30-12.30	Workshop UNDERSTANDING INJURIES IN PERFORMANCE SPORT Stephen Mutch	Practical Session SPRINTS & HURDLES Santiago Antunez & Filippo Di Mulo	Practical Session JUMPS Wolfgang Ritzdorf, Vitaly Petrov & Stefano Serranò	Practical Session THROWS Rene Sacks	Practical Session ENDURANCE Gunter Lange
13.00-14.00	Restaurante LUNCH				
15.00-16.00	Workshop BUILDING THE TEAM Danny KERRY	Coaches’ Clinic SPRINT & HURDLES  Santiago Antunez & Filippo Di Mulo	Coaches’ Clinic JUMPS  Wolfgang Ritzdorf, Vitaly Petrov & Stefano Serranò	Coaches’ Clinic THROWS  Werner Goldman, Francesco Angius & Sergio Bonvecchio	Coaches’ Clinic ENDURANCE  Gunter Lange, Antonio La Torree, Claudio Pannozzo & Patrizo Parcesepe
16.00-17.00	Practical Session FUNCTIONAL FITNESS Martin BINGISSER				
17.00-18.00	Aula Magna Keynote 5		“Rehab, Rebuild, Return” Prof. Claudio GALLOZZI & Vincenzo CANALI		
Women in C					

Women in Coaching  
14.00-15.00  
Review of the Day

## Coaches' Clinics

Facilitated discussions with delegates. Pick the brains of the experts, bring along videos, share your experience, learn from experts and fellow coaches





## Sunday 29 October

09.00 –10.00	Aula Magna Keynote 6	<b>“Building the Bridge from Talented Junior-Winning Senior”</b> <b>Olivier BELLOC</b>		
10.00-11.00	Aula Magna Keynote 7	<b>“Adding Lustre to a Diamond”</b> <b>Danie CORNELIUS</b>		
11.00-11.30	Terrazza COFFEE BREAK			
11.30-12.30	Breakout Sessions	Breakout Session Understanding Injuries Stephen MUTCH	Breakout Session Strength Training Martin BINGISSER	Breakout Session Women in Coaching
12.30-13.30	Aula Magna	<b>European Coaches’ Address</b> Frank DICK		

Women in Coaching  
11.30-12.30  
Review of the Day



# PACKAGES 2017

<b>140 EUR (pp)</b>	<b>CONFERENCE ONLY</b> 3-Day conference 27-29 October Lunch on Sat 28
<b>300 EUR (pp)</b>	<b>CONFERENCE &amp; 2 Nights ACCOMMODATION</b> 3-Day conference 27-29 October Twin Room Accommodation on Friday 27 & Saturday 28 27 Oct Dinner / 28 Oct Breakfast, Lunch, Dinner / 29 Oct Breakfast
<b>340 EUR (pp)</b>	<b>CONFERENCE &amp; 2 Nights ACCOMMODATION</b> 3-Day conference 27-29 October Single Room Accommodation on Friday 27 & Saturday 28 27 Oct Dinner / 28 Oct Breakfast, Lunch, Dinner / 29 Oct Breakfast
<b>380 EUR (pp)</b>	<b>CONFERENCE &amp; 3 Nights ACCOMMODATION</b> 3-Day conference 27-29 October Twin Room Accommodation on Friday 27, Saturday 28, Sunday 29 27 Oct Dinner / 28 Oct Full Board/ 29 Oct Full Board / 30 Oct Breakfast
<b>440 EUR (pp)</b>	<b>CONFERENCE &amp; 3 Nights ACCOMMODATION</b> 3-Day conference 27-29 October Single Room Accommodation on Friday 27 & Saturday 29 27 Oct Dinner / 28 Oct Full Board/ 29 Oct Full Board / 30 Oct Breakfast

